

## Saving Energy

Saving energy not only saves the planet, but can help save money too. Here are some helpful energy saving tips:

- Replace regular light bulbs with compact fluorescent bulbs (CFLs). CFLs use 75% less energy and last 10x longer.
- Use blinds and curtains wisely. During the winter, open them in the daytime to let in solar radiation & close them at night to keep the heat in. In the summer, keep them closed during the day to keep out the solar radiation.
- Use ceiling and stationary fans. Raise the temperature on your air conditioner during the summer and lower the thermostat on your heat during the winter and allow the fans to circulate the air for a more even temperature throughout your home.
- Use hot water efficiently. Install low-flow showerheads and faucet aerators – you'll use less water, so you'll heat less water.
- Rather than raising the heat – don a sweater and warm slippers.
- Shopping for new appliances? Look for EPA's Energy Star label. Energy Star appliances use between 10-50% less energy.
- Close doors and vents to unused rooms.

## Enjoy the Town of Esopus Parks

Shaupaneak Ridge

Sleightsburgh Park

Sojourner Truth Freedom Trail

Slabsides: The John Burroughs Home

Perrine's Bridge

Black Creek Forest Preserve

Esopus Meadows Point Preserve

Esopus Meadows Lighthouse

Lighthouse Park

## Other Helpful Links

Ulster County Resource Recovery Agency

[www.ucrra.org](http://www.ucrra.org)

Ulster County Soil and Water Conservation District

<http://www.ucswcd.org>

New York State Department of Environmental Conservation (NYSDEC)

[www.dec.ny.gov](http://www.dec.ny.gov)

New York State Department of Health

[www.health.state.ny.us](http://www.health.state.ny.us)

United States Environmental Protection Agency

[www.epa.gov](http://www.epa.gov)

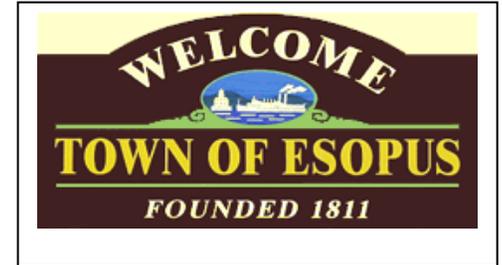
## Town of Esopus Environmental Board

Monthly meetings are the 3<sup>rd</sup>  
Wednesday of each month at 7pm at  
Town Hall

[www.esopus.com](http://www.esopus.com)  
284 Broadway  
PO Box 700  
Port Ewen, NY 12466

Town Clerk  
(845) 331-3709

## Town of Esopus Environmental Board



Balancing Economic  
Growth and Natural  
Resource Protection

[www.esopus.com](http://www.esopus.com)

## Recycling Facts

- Recycling 1 ton of aluminum cans conserves the equivalent of 1,665 gallons of gasoline
- Recycling 1 aluminum can saves enough energy to run a TV for 3 hours – or the equivalent of ½ gallon of gasoline
- Recycling plastic saves twice as much energy as burning it in an incinerator
- On average, it costs \$30/ton to recycle trash, \$50 to send it to a landfill & \$65-\$75 to incinerate it
- Each ton of recycled paper can save 17 trees, 380 gallons of oil, 3 cubic yards of landfill space, 400 kilowatts of energy & 7000 gallons of water.
- The 17 trees saved can absorb 250 pounds of carbon dioxide per year. Burning that same ton of paper would *create* 1500 pounds of carbon dioxide.



Residents can recycle at the Town of Esopus Transfer Station.

### Transfer Station Phone: (845) 384-6835

70 West Shore Drive  
West Park, New York.

Hours of Operation:

Tue-Fri 8am-4pm  
Sat 7am-3pm

## Transfer Station Continued

Recyclables accepted:

Paper Products – newspaper, magazines, books, office paper, junk mail, cardboard

Container Products – container glass, food & beverage cans, plastic containers

Automotive Products – lead acid batteries, used motor batteries

Yard waste – brush (less than 4” in diameter & cut into 4-6 ft lengths, grass trimmings, leaves, dead plants

Computers – processors (towers, etc.), keyboards, printers, monitors

**\*Some fees may apply for recycling electronics & small appliances. Please call the Transfer Station for rates.**

## Compost

- Composting is very beneficial to the environment by reducing landfill wastes and adding nutrients back into the soil.
- Using compost in your garden reduces the need to use chemical fertilizers.
- It’s very easy to start composting. Just select a spot in the backyard. Or, if spacing is a problem you can purchase a ready-made compost bin.
- Start piling in table and kitchen scraps. You may use coffee grounds with the filter, shredded newspaper, egg shells & all kinds of fruit & vegetable peelings. Do not add meat or dairy products, animal waste or kitty litter.
- Alternating food wastes with layers of yard wastes, such as leaves and grass cuttings, provides a nutrient balance and reduces odor.

## Compost Continued

- You may also add weeds as long as they have not gone to seed.
- Keep this pile damp & turn it over every so often. As the compost pile starts to break down, it will attract hundreds of earthworms. Earthworms are very beneficial to any garden as they keep the soil aerated.
- When used, composting results in a cleaner, healthier planet & an end product that is commonly known as ***Black Gold***.

## Storm Water

- Storm water (rain, snow melt) needs to enter the ground and be allowed to infuse into the water table for natural purification.
- Storm water from impermeable roads and driveways often contain unhealthy chemicals & petroleum products and contribute to storm water pollution.
- Driveways & patios built from pavers and gravel allow for the natural process of surface water infusing into the water table.
- Avoid washing cars and changing oil in the driveway and keep pet wastes away from storm water channels. Pet wastes should be either flushed or added to garbage for the landfill.
- Roof drains and water from basement pumps can be channeled into attractive rain gardens, which can be made using gravel, unusual rocks & a variety of plants. It can also be channeled into a rain barrel or cistern to water gardens & plantings.